

Roads to Learning and Earning

Lesson Plan



Topic/Title of Plan: Independent Living—Washing Laundry

Lesson Developed By: Harnett County School Teachers

School: Harnett County Schools

Objective Being Taught	Provide students and families with skills needed for navigating and safely living as independently as possible in the community
RTLE Matrix Objective	By reviewing functional life skill resources, provide students and families with skills for living as independently as possible in the community.
Student Audience/Length	OCS/Middle and High School/1-2 hours
Materials/Resources Needed	Washing Machine, Dryer, Laundry Detergent, Dryer Sheets, Fabric Softener, Laundry Baskets, Dirty Clothing, Dresser, Closet
Teaching Procedure	Students will be instructed on how to properly sort clothes prior to washing based on color and type of material, properly set the washer to wash clothes, properly add detergent and fabric softener, move clothes from the washer to the dryer, add dryer sheets to the dryer if necessary, remove clothes from the dryer into the basket, fold the clothes to put away and place the clothes in the closet and/or dresser in the proper places.
Check for Understanding and Assessment of Lesson	Students will be able to tell how he or she cleaned their laundry from start to finish.
Wrap Up/Review	Ask the students if they enjoyed the lesson and if they felt they were able to repeat the process in the future or at home. What considerations would you have to make each time you start a new load of laundry?