

McDowell County Resource Information

Job Skills and Education

Employment Security Commission

344 1/2 State Street
Marion, NC 28752
Phone: 828-652-7131

<http://www.ncesc1.com/>

Services Provided

Apply for Unemployment Benefits / File a Claim
File Your Weekly Certification
Update Federal/State Tax Withholding Rate
Update Bank Account Info. for Payment of Benefits
Choose Debit Card for Payment of Benefits
View Your Claim Profile
View Your Benefit Payment History
View Form 1099-G
Estimate Your Potential UI Benefits

McDowell County Job Link Center

81 South Main Street, Suite 2
Marion, NC 28752
Phone: 828-659-6001

www.ncjoblink.com

Job link Career Center Vision: To improve North Carolina's workforce and strengthen our state's economy by developing a system of Job link Career Centers that offer labor market Information, provide access to career training and job search/placement services, and serve as the connection between employers and qualified workers. Offers HS graduation with GED.

Easter Seals UCP of NC & VA Inc. (Child/Adult)

5171 Glenwood Ave.
Suite 400
Raleigh, NC 27612
(800) 662-7119

Phone Number: (828) 350-1111
Agency Website: www.nc.eastersealsucp.com

About Easter Seals

Easter Seals provides exceptional services, education, outreach, and advocacy so that people living with autism and other disabilities can live, learn, work and play in our communities. Easter Seals has been helping individuals with disabilities and special needs, and their families, live better lives for nearly 90 years. From child development centers to physical rehabilitation and job training for people with disabilities, Easter Seals offers a variety of services to help people with disabilities address life's challenges and achieve personal goals.

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<p>Greater Conover Developmental Disabilities Services</p> <p>3305 16th Ave. SE, Suite 205 Conover, NC 28613</p> <p>(704) 487-1093</p> <p>http://nc.eastersealsucp.com/services/alternative-family-living/</p>	<p>Services include:</p> <ul style="list-style-type: none"> *Community Skills training *Personal Care and Respite *Residential Supports *Speech, Occupational and Physical Therapies *Children’s Centers with Childcare *Mental Health Crisis Services *Supported Employment Services <p>Counties served: Alexander, Burke, Caldwell, Catawba, Iredell, McDowell, Polk, Rowan, Rutherford</p>
<p>Vocational Rehabilitation Office</p> <p>http://www.ncdhhs.gov/dvrs/</p> <p>Marion Office (828) 652-2826 1-877-510-7226 451 North Main Street, Suite 107 28752</p>	<p>Services:</p> <ul style="list-style-type: none"> *Employment Services: If you’re interested in how we can help you prepare for a job or help you stay on the job with your disability. *Services for Business: If you’re interested in hiring individuals screened to match your job requirements and in learning about other ways we can serve your business. *Independent Living Services: If you’d like to live more independently and take a more active part in the life of your family and community. *Assistive Technology: If you’d like to learn more about tools and technology that can assist you with your disability. *Client Assistance Program: If you’d like to know about your rights as a consumer of DVRS services. *Disability Determination Services: If you’d like to know more about Social Security and Medicaid benefit payments.
<p>The Open Door to Health</p> <p>73 Our Farm Rd., Marion, NC 28752 828-652-1517</p>	<p>Assisting McDowell County with a variety of programs such as vocational counseling, job seeking, resume writing, nutritional counseling, and class in stress reduction, guided imagery and massage therapy. Self-pay on sliding scale</p>

McDowell County Resource Information

<p>Foothills Industries of McDowell (Child/Adult)</p> <p>300 Rockwell Drive Marion, NC 28752 (828) 652-4088</p> <p>www.foothillsind.com</p>	<p>Notes on Agency: Provides vocational services to individuals with MH and IDD Category: Community Service Organizations Sub-Categories: Disability Specific, MH</p> <p>The mission of Foothills Industries is to provide vocational and life-skills training and employment for persons with disabilities in order to maximize independence and employment while providing quality products at competitive costs and on-time delivery to our customers.</p>
<p>Hope Parent Resource Center</p> <p>300 Enola Road Morganton, NC 28655</p> <p>English: (828)-438-6549 Spanish: (704)-803-7082 Hmong: (828)-403-1286</p> <p>http://www.fsnhope.org/</p> <p>Counties Served: Alexander, Burke, Caldwell, Catawba, McDowell</p>	<p>Provides: Support, information, and training to assist families in promoting the education, development, and quality of life for their children of all ages and with all types of specials needs; and partners with parents and professionals on community, state, and national levels to expand opportunities and generate resources in order to advance positive participation of people with disabilities in all aspects of society.</p> <p>Services Include: *Early intervention, public school services, child care, inclusion, effective communication, parent support and parent/professional collaboration *Information on laws concerning persons with disabilities, behavior management, inclusion, specific disability information, support parent training *Meetings with families, helping families' access services and resources, sponsoring parent groups and other networking opportunities.</p>

McDowell County Resource Information

<p>McDowell Tech. Community College</p> <p>Route 1 Box 170 Marion, NC 28752 Phone: 828-652-6021 http://www.mcdowelltech.edu/</p>	<p>Mission Statement</p> <p>McDowell Technical Community College is a member of the North Carolina Community College System, dedicated to providing student-centered accessible, high-quality educational opportunities and services which fulfill the personal development, training and employment needs of the residents, businesses, and industries of McDowell County and the surrounding areas through an open-door admissions policy. The college recognizes each person's right to an education and seeks to contribute to the maximum development of a globally and culturally diverse workforce and improve the quality of life of the individuals in our community.</p>
<p>Special Olympics-</p> <p>Local Program Coordinator Patti Wilkerson 185 North Madison Marion, NC 28752 828-652-0070 (H) Email: pwilkers@frontier.com</p> <p>Field Services Director-West</p> <p>Michael Garguilo</p> <p>336-272-0142</p>	<p>Program:</p> <ul style="list-style-type: none"> *Can start as early as age 2. Competition starts at age 8. *Serves 400 children and adults. *Offers training and competition programs in 8 sports. *Train for a minimum of 8 weeks. 1-2 times per week. <p>Provides:</p> <p>Year-round sports training and athletic competition for children and adults with intellectual disabilities, giving them continuing opportunities to develop physical fitness, demonstrate courage, experience joy and participate in a sharing of gifts, skills and friendship with their families, other Special Olympics athletes and the community.</p> <p>Additional Benefits:</p> <ul style="list-style-type: none"> *Receive training in public speaking and become a Global Messenger for Special Olympics *Become a coach for Special Olympics *Receive free health screenings at SONC state-level events *Serve on the planning committee with your local program *Potential to travel out of state.

McDowell County Resource Information

<p>To get a copy of your GED diploma or transcript:</p> <p>GED Scores NC Community College System 5016 MSC Raleigh, NC 27699-5016 Phone: 919-807-7138 Or 919-807-7137 Fax: 919-807-7164</p>	<p>Official copies are free. Written request is required. Include: full printed name, social security number, date of birth, your full name signed, an address to send GED information to; and if possible the year and/or location where GED test was taken.</p>
<p>Career Connections Center</p> <p>3301 Highway 70, SE, Newton NC</p> <p>(828) 466-5596</p> <p>http://www.goodwillnwc.org/trainingCenters.cfm connections@goodwillnwc.org</p>	<p>Services include:</p> <ul style="list-style-type: none"> *Help job seekers secure employment *Skills assessments *Career counseling *Resume and cover letter writing *Assistance with applications *Computers with high-speed internet access *Interview simulators.
<h3>Transportation</h3>	
<p>McDowell County DSS</p> <p>The Adult Services unit is located at: 486 Spaulding Road Marion, NC 28752</p> <p>828-659-0851</p> <p>http://www.mcdowellcountyncdss.org/children-family-services</p>	<p>Transportation Assistance</p> <p>Transportation assistance is provided by McDowell County Dept. of Social Services as outlined in the transportation policy for McDowell County Dept. of Social Services which is provided to recipients at the initial assessment for transportation services. Transportation services are only available for Medicaid recipients for medical appointments. These appointments must be medical appointments paid by Medicaid.</p>

McDowell County Resource Information

<p>McDowell Transit</p> <p>300 Rockwell Drive Marion, N.C. 28752 (828) 652-4088 E-Mail: jshuford@foothillsind.com Type Service: Private nonprofit operating under the McDowell County Transportation Planning Board, Inc.</p> <p>Days/Hours of Operation: Weekdays only: 7:30 a.m. – 5 p.m. Service Vehicles: 17, 4 of which are lift-equipped</p>	<p>Community, single-county system Serves human service agencies through an agency-dedicated vehicle transportation system No service to the general public</p> <p>Human Service Agencies Foothills Industries Community Rehabilitation Program and that Purchase Service: Adult Developmental Program McDowell County Department of Social Services McDowell County Senior Center Foothills Industries Community Rehabilitation Program and Adult Developmental Program</p> <p>Services: *Private nonprofit operating under the McDowell Transportation Planning Board, Inc. *Serves human service agencies through an agency-dedicated vehicle transportation system No service to the general public</p>
<p>McDowell Hospital</p> <p>Main Hospital: (828) 659-5000 Business Office: (828) 659-5794 – See more at: http://www.mcdowellhospital.org/contact-us#sthash.NN1QPcsQ.dpuf physical Address: 430 Rankin Drive Marion, NC 28752 - See more at: http://www.mcdowellhospital.org/contact-us#sthash.NN1QPcsQ.dpuf</p>	<p>Mission Statement</p> <p>The mission of McDowell Hospital is to serve the healthcare needs of our community, giving comprehensive, cost-effective, quality care without regard to race, color, creed or ability to pay. - See more at: http://www.mcdowellhospital.org/about-us#sthash.d3i1BZmo.dpuf</p>
<p>Frye Regional Medical Center</p> <p>Behavioral Health Services</p> <p>420 N Center Street Hickory, NC 28601 828-315-5000 http://www.fryemedctr.com/en-US/Pages/default.aspx</p>	<p>Our Services</p> <p>Medical Services We offer a comprehensive range of health services and medical programs designed to meet your health care needs.</p> <p>Wellness Services We offer a variety of educational opportunities, support groups and screenings to help keep you and your family healthy.</p> <p>NEW! Mobile Health Services We can now bring to your organization or community a wide variety of medical services. Learn more...</p> <p>Community Programs</p>

McDowell County Resource Information

	<p>We offer valuable services not only to patients and families in our hospital, but also to members of the community.</p> <p>Patient & Visitor Information</p> <p>We offer a wide variety of hospital-based services you can access while staying or visiting with us.</p>
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Independent Living and Housing

<p>Easter Seals UCP of NC & VA Inc. (Child/Adult)</p> <p>5171 Glenwood Ave. Suite 400 Raleigh, NC 27612 (800) 662-7119</p> <p>Phone Number: (828) 350-1111 Agency Website: www.nc.eastersealsucp.com</p>	<p>Notes on Agency:</p> <p>Our missions are to create opportunity, promote individual choice, and change the lives of children and adults with disabilities by maximizing their individual potential to live, learn and work in their communities.</p> <p>Core values guide our efforts: Integrity, Respect, Responsibility and Innovation. By utilizing these core values in all we do, we are assured that the personal outcomes of those we serve stay at the forefront of our daily</p> <p>Services:</p> <p>Developmental Disability Helping children and adults with disabilities live, learn, grow, play and enjoy their communities.</p> <ul style="list-style-type: none"> • Alternative Family Living • Community Skills Training, Personal Care and Respite • Residential Supports
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<p>McDowell Mission Ministry</p> <p>P. O. Box 297 Marion, NC 28752 Phone: 828-689-3981</p>	<p>Transportation, Food and Clothing</p>
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McDowell County Resource Information

<p>The Arc of North County McDowell</p> <p>343 E Six Forks Rd Raleigh, NC 27609</p> <p>info@arcnc.org 800.662.8706 919.782.4632</p> <p>http://www.arcnc.org/housing-resources</p> <p>Contact: Sandra Denning – President</p>	<p>The Arc of NC's Current Housing Vacancies (vacancies for both those with intellectual and developmental disabilities as well as mental illness)</p> <p>The Arc of North Carolina is a leader in the state in providing housing options and property management services to North Carolinians with disabilities. Through our Housing Resource Coordinators (contact information below), The Arc provides assistance to people with intellectual and developmental disabilities (I/DD) and their families in locating housing that meets their needs. The Arc of North Carolina's A Closer Look at Housing Choices: A Housing Resource Guide for People with Developmental Disabilities is an invaluable tool in learning about the myriad of housing options across the state.</p>
<p>Good Samaritan Clinic of McDowell County</p> <p>c/o First Baptist Church 99 N. Main St. Marion, NC 28752 828-460-6832</p>	<p>The Good Samaritan Clinic of McDowell County was established to provide care to those who are uninsured and cannot afford care. It is a part-time, Christian-based, primary care clinic Staffed by dedicated volunteers.</p>

McDowell County Resource Information

<p>Hope Parent Resource Center</p> <p>300 Enola Road Morganton, NC 28655</p> <p>English: (828)-438-6549 Spanish: (704)-803-7082 Hmong: (828)-403-1286</p> <p>http://www.fsnhope.org/</p> <p>Counties Served: Alexander, Burke, Caldwell, Catawba, McDowell</p>	<p>Provides: Support, information, and training to assist families in promoting the education, development, and quality of life for their children of all ages and with all types of specials needs; and partners with parents and professionals on community, state, and national levels to expand opportunities and generate resources in order to advance positive participation of people with disabilities in all aspects of society.</p> <p>Services Include: *Early intervention, public school services, child care, inclusion, effective communication, parent support and parent/professional collaboration *Information on laws concerning persons with disabilities, behavior management, inclusion, specific disability information, support parent training *Meetings with families, helping families' access services and resources, sponsoring parent groups and other networking opportunities.</p>
<p>Independent Living Services - DSS</p> <p>1261 10th Avenue Lane SE 28602</p> <p>Phone:(828) 322-2921 Toll Free: 1-855-820-1113</p> <p>http://www.ncdhhs.gov</p>	<p>*Alternative to being institutionalized. *Improve functioning in family, home, and community. *Vocational rehabilitation employment program</p> <p>Services include: *Guidance and counseling *Rehabilitation engineering *Home and vehicle modifications *Independent living skills training *Certain equipment purchases *Assistance with leisure services *Personal assistance services *Registration of service animals</p>
<p>Maxim Healthcare Services</p> <p>Byron Boyd</p> <p>1940 3rd Ave. Ln. S.E. Hickory, NC 28602</p> <p>(828) 270-3343</p>	<p>Services include: *Community Alternative Program – Children *Community Alternative Program - Disabled Adults *Community Alternative Program - MR-DD *Community Alternative Program – AIDES *Companion Care/Sitter *In-Home Aide *Personal Care Services *Private Duty Nursing *Pediatric Care</p> <p>*NOT Medicare Certified</p>

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<p>Partners Behavior Health Management</p> <p>901 S. New Hope Rd Gastonia, NC 28054</p> <p>(877)-864-1454</p> <p>http://www.partnersbhm.org/</p>	<p>Services include:</p> <ul style="list-style-type: none"> *Working with participant and their support system to make sure adequate care is provided. *Evaluation of individuals needing/requesting services, care coordination and training for providers and the community. *Care Coordinators; works with participant/support. *NC Innovations Waiver - Set of Medicaid services that individuals may be eligible for if they meet specific criteria
<p>Turning Point Services</p> <p>212 N Brady Ave Newton, NC 28658</p> <p>1001 South Sterling Street Morganton, NC 28655</p> <p>(828)-433-8174</p> <p>Toll Free: (888)-281-6531</p> <p>http://www.turningpointservicesinc.com</p>	<p>Mission:</p> <p>Devoted to helping people with disabilities enjoy fulfilling lives surrounded by family, friends, and inspired professionals. We strive to be the most responsive, informed, professional service agency - setting standards for quality in North Carolina.</p> <p>Services include:</p> <ul style="list-style-type: none"> *ADVP-Adult Developmental Vocational Program *Community Guide, Community Networking, Day Support, *Individual Goods & Services – Agency with Choice Model *In-Home intensive Supports & Skill building, natural Supports Education, Personal Care, Primary Crisis Response (PRC), Respite, Residential Supports, Specialized Consultation, Supported Employment *Developmental Therapy, Family Living, Personal Assistance, Respite, Supported Employment, Residential & Day Programs

McDowell County Resource Information

Health & Home Care	
<p>Access care</p> <p>Access Care 3000 Aerial Center Parkway, Suite 101 Morrisville, NC 27560</p> <p>(919) 390-9962 www.ncaccesscare.org</p>	<p>Notes on Agency: Since April 1991, the Medicaid program of North Carolina has operated within the framework of Carolina ACCESS, a primary care coordination program. Carolina ACCESS was developed in an effort to create a more efficient and effective health care system for Medicaid enrollees by enhancing access to primary care and improving the coordination of medical services for the underserved. The program emphasizes a working partnership between the state and local communities, with primary care providers playing a pivotal role in program development and operation. In addition, under Carolina ACCESS, recipients are assured access to a continuity of care through assignment to a primary care provider. Access Care was founded in 1998 as one of nine physician networks tasked with enhancing the existing Carolina ACCESS Medicaid program by developing physician-led community partnerships with disease management programs and employment of locally-based case managers. These networks are coordinated by Co Category: Contracted Providers Sub-Categories: MH, IDD, SA</p>
<p>McDowell County DSS</p> <p>PO Box 338 Marion, NC 28752 Phone: 828-652-3355</p> <p>http://www.mcdowellcountyncdss.org/</p>	<p>Notes on Agency: McDowell County DSS determines eligibility for Medicaid, food and nutrition services, Work First (welfare), subsidized childcare, and medical transport. It oversees child and adult protective Services by investigating cases of abuse and neglect, locates absent parents and establishes And enforces court orders with regard to child support. It also offers medication management. Health Check -Provides access to health care for children up to age 21 who qualify for Medicaid.</p>
<p>A Caring Alternative LLC (Child)</p> <p>E-mail us at: info@carinalternative.com Mail us at: A Caring Alternative, LLC. 617 South Green Street Suite 300 Morganton , NC 28655</p> <p>www.carinalternative.com</p>	<p>Notes on Agency: As a provider of mental health and developmental disability services, we have been in business since 2006. We were founded on the belief that when people truly care and are willing to go the extra mile, we will not only improve lives, we will create success in the lives of the people we support. Time and again, we have proven that and we will continue to do so. At A Caring Alternative, personal service means access, flexibility, convenience and responsiveness. Our staff wants to understand how to best meet your mental health and/or developmental disability needs through these basic four principles.</p>

McDowell County Resource Information

<p>McDowell County Health Department</p> <p>408 Spaulding Drive, Marion, NC 28752 652-6811 www.rpmhd.org</p>	<p>Services provided: Offers a variety of family health services including: child health clinic for well child exams, child service coordination, confidential teen clinic for Family Planning, pregnancy testing and referral, WIC nutrition education, Eat Smart, Move More Weigh Less program, health screenings, children's and adults immunizations, smoking cessation, women's preventive health screenings, family planning services for women of child bearing age, pregnancy prevention services, emergency contraception</p>
<p>Family Services of McDowell County</p> <p>PO Box 1572 Marion, NC 28752 652-8538 or 652-6150 (24 hr Crisis Line) www.familyservicesofmcdowell.org</p>	<p>Family Services of McDowell County seeks to provide aid to victims of physical, emotional, and sexual violence in families and relationships by providing sanctuary; providing programs that promote prevention, healing, and empowerment; community education; forming partnerships with related agencies and local citizens who support the reduction of abuse and violence</p>
<p>McDowell County Child Collaborative 659-2462 .</p>	<p>Meets monthly at the McDowell County Mental Health Center to identify and address gaps in Mental health services for children and families</p>
<p>Greater Conover Developmental Disabilities Services</p> <p>3305 16th Ave. SE, Suite 205 Conover, NC 28613</p> <p>(704) 487-1093</p> <p>Counties served: Alexander, Burke, Caldwell, Catawba, Iredell, McDowell, Polk, Rowan, Rutherford</p> <p>http://nc.eastersealsucp.com/services/alternative-family-living/</p>	<p>Services include:</p> <ul style="list-style-type: none"> *Community Skills training *Personal Care and Respite *Residential Supports *Speech, Occupational and Physical Therapies *Children's Centers with Childcare *Mental Health Crisis Services *Supported Employment Services

McDowell County Resource Information

Recreation and Leisure

FITNESS CENTERS

Corpening YMCA- (828) 659-9622
Curves - (828) 659-8100
Club Fitness - (828) 652-5122
Fitness Express - (828) 765-6336
Karakido Karate- (828) 652-1335
Gardin School Tae Kwan Do - 738-3608
Miss Jacie's School of Dance - (828) 652-3197
American Star Dance Studio - (828) 228-3222

SCHOOL PLAYGROUNDS:

Nebo Elementary Old Fort Elementary
Glenwood Elementary Pleasant Gardens Elementary
Marion Elementary West Marion Elementary

Hiking in McDowell County

<http://www.nps.gov/ovvi/index.htm>
Superintendent
Overmountain Victory NHT
2635 Park Road
Blacksburg, SC 29702

(864) 936-3477 (Phone & Fax to Headquarters)

paul_carson@nps.gov

ARMSTRONG CREEK - 3640' • 6 miles • Easy to Moderate
BAD FORK - 2940' • 8 miles • Moderate
BETSY RIDGE - 3160' • 9 miles • Easy to Moderate
MACKEY MOUNTAIN
NEWBERRY CREEK - *ww.nps.govovvi*

McDowell County Resource Information

<p>PARKS AND RECREATION</p> <p>Recreation Center 25 Academy Street Marion, NC 28752</p>	<p>Glenwood Park –near Glenwood Elementary School Sandi Andrews Memorial Park –on 221 North in North Cove Lake James State Park – canoe rentals, hiking trails, swimming (for more info, call 652-5047) Marion Community Building Park – basketball and tennis courts, playground Cross Mill Park – walking trail basketball and volleyball courts, disc golf course, playground Mountain Paradise Campground Ph: 828-756-4085; www.mountainparadisenc.com Yogi Bear’s Jelly stone Park – swimming pool, waterslide, pedal boats, Woodlawn Fitness Trail – 7 stations, 2 exercises per station on a ¼ mile jogging path (located on 221 at Woodlawn Work Center) Apathy Stables – horseback riding; trail rides, riding lessons for all ages (for more info, call(652-7977) mini golf, & nature trails,</p>
<p>Marion Skate Park</p> <p>Recreation Center 25 Academy Street Marion, NC 28752</p> <p>Ph: 828-652-3001 .</p>	<p>Outdoor park located adjacent to the McDowell County Recreation Center on E. Court Street</p>

McDowell County Resource Information

<p>Recreation Center</p> <p>25 Academy Street Marion, NC 28752 Ph.: 828-652-3001</p> <p>McDowell County Recreation Department Facility – Skate Park, basketball court, tennis Courts, playground, swimming pool, ball fields (located on West Court Street)</p>	<p>The mission statement of the McDowell County Recreation Department is to further enhance the quality of life for the citizens of McDowell County. The Recreation Department strives for the acquisition, development, conservation and maintenance of a system of parks, recreation facilities and open areas for the enjoyment of everybody.</p> <p>Outdoor pool, basketball court, gymnasium located on E. Court Street, Marion</p>
<p>Sports Complex</p> <p>Ph.: 828-652-2626</p>	<p>Baseball and softball tournaments throughout The year; snack bar. Located in Marion off N. Main Street on Finley Road, adjacent to Ivan’s Restaurant.</p>
<p>Lightning Lanes Bowling Alley</p> <p>Ph: 828-652-2626</p>	<p>Adjacent to Ivan’s Restaurant and McDowell Sports Complex at 622 Finley Road, Marion.</p>